

Registration Form

Dr. Edith Eva Eger

Pre-registration due by

Tuesday, April 20, 2010

(This will assist the committee in providing appropriate number of seating and handouts)

\$20 per person

At the Door \$25 per person

Name: _____

(List additional names on separate sheet of paper)

Organization: _____

Address: _____

Phone: _____

E-mail: _____

Check Enclosed: \$ _____

Make checks payable to:

“The Seward Area Chamber of Commerce”

616 Bradford St., Seward NE 68434

Notes:

Professional Development Team of the Seward Area Chamber of Commerce

Seward Area Chamber of Commerce
616 Bradford St., Seward, NE 68434

Phone: 402-643-4189

Fax: 402-643-4713

E-mail: sewcham@sewardne.com

Web: www.sewardne.com



“Finding Power from Within”

Thursday, April 22

9:00 - 11:30am

Seward Civic Center

Dr. Edith Eva Eger



Dr. Edith Eva Eger

www.dreee.com



Dr. Edith Eva Eger

“I am convinced that the power is within us all to use adversity to an advantage.”

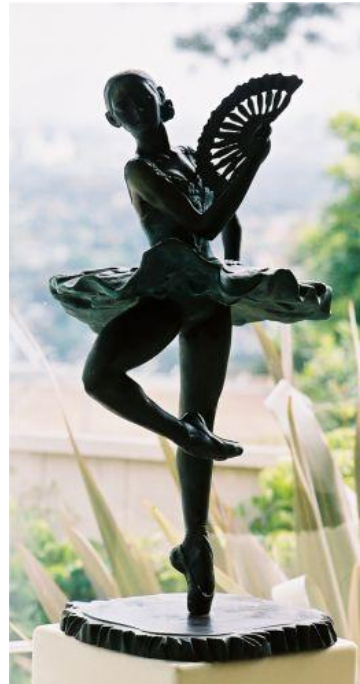
Dr. Edith Eva Eger

As a Jew living in Nazi-occupied Eastern Europe, she and her family were sent to Auschwitz, the heinous death camp. Her parents lost their lives there. Toward the end of the war Edith and other prisoners had been moved to Austria. On May 4, 1945 a young American Soldier noticed her hand moving slightly amongst a number of dead bodies. He quickly summoned medical help and brought her back from the brink of death.

After the war Edith moved to Czechoslovakia where she met the man she would marry. In 1949 they moved to the United States. In 1969 she received her degree in Psychology from the University of Texas, El Paso. She then pursued her doctoral internship at the William Beaumont Army Medical Center at Fort Bliss, Texas.

An extraordinary opportunity and resource to assist us in our daily lives.

Dr. Eger speaks to the issue of “Finding the Power Within”



- ◆ Every problem is temporary.
- ◆ The quality of your decisions determines the quality of your life.
- ◆ Aggression and passivity are two of the least effective behaviors to effect a solution.
- ◆ Every situation can be viewed from many perspectives. Is there a pattern to the way you view most situations?
- ◆ Take responsibility for the responses you make.
- ◆ Turn problems into challenges and crisis into transitions!

Dr. Eger is a prolific author and a member of several professional associations. She has a clinical practice in La Jolla, California and holds a faculty appointment at the University of California, San Diego. She has appeared on numerous television programs including Oprah Winfrey and was the primary subject of a holocaust documentary that appeared on Dutch National Television. She is frequently invited to make speaking engagements throughout the United States, Mexico, and abroad.